



Questions to Ask at Your Next Eye Appointment

Going to the eye doctor should not be a one-way conversation. The important questions below can help you get the most out of your time with your eye care professional.

- 1 Are all eyeglass lenses the same?
- 2 Is there a difference in quality of lenses?
- 3 What are the best lenses for my vision needs?
- 4 Why are these lenses best for my vision needs?
- 5 Can customized eyeglasses improve my vision quality and comfort?
- 6 Will one pair of glasses meet all of my vision needs?
- 7 Are there different methods to perform an eye exam? What method do you use and why?
- 8 What do you check for in an eye exam besides my prescription?

Specific Questions Around Prescription Lenses:

- 1 What is a “coating” and what does it do?
- 2 How do I avoid reflections on my eyeglasses?
- 3 How do self-tinting (photochromic) lenses work? What brands of self-tinting lenses are available?
- 4 Does my prescription limit the type of frame I can wear?
- 5 What are “computer lenses”?
- 6 Do I need special lenses for playing sports?
- 7 What lenses are ideal to reduce sensitivity to light and reflections?
- 8 If I have difficulty driving at night, what type of lens is recommended?
- 9 How can I prolong the life of my eyeglasses?

